

## WHAT TO BRING for PEDER EIDE Weekend

### Required Items

- \_\_\_ Sleeping bag or 2 warm blankets and sheets
- \_\_\_ Pajamas
- \_\_\_ Raincoat or rain poncho
- \_\_\_ Pillow with pillowcase
- \_\_\_ Swimsuit and towel - no string/thong bikinis
- \_\_\_ Towel & washcloth
- \_\_\_ Toiletry items - toothbrush, toothpaste soap, shampoo etc.\*
- \_\_\_ Canteen or water bottle
- \_\_\_ Drinking cup (for bathroom use)
- \_\_\_ Backpack
- \_\_\_ Shorts
- \_\_\_ Flashlight and extra batteries
- \_\_\_ T-shirts
- \_\_\_ Jeans or long pants
- \_\_\_ Sunscreen and Insect repellent
- \_\_\_ Sweatshirt or jacket
- \_\_\_ Shoes at least 2 pairs - no sandals
- \_\_\_ Bible
- \_\_\_ Underwear and socks

### Suggested Items

- \_\_\_ Bandana or hat \_\_\_ Stationery and stamps
- \_\_\_ Sunglasses \_\_\_ Camera and film

Do not bring: Ipods, CD players, cell phones, computers, electronic games, knives, weapons of any type, food, gum or candy. These items will be confiscated from campers. Please also leave anything expensive or sentimental such as clothing or jewelry. LOMC is not responsible for lost or damaged items. Any money brought will be collected and held until departure.

Itinerary for Peder Eide weekends

**Friday:**

7pm - arrive and unpack  
7:30 - adult and youth orientation in Dining Hall  
8 - 9:30 **SESSION #1 with Peder Eide**  
9:30 - 10 Night Hike to Cabins

**Saturday:**

7am - Arise and Shine - sunrise Polar Bear Swin  
8 - "hoppers" to Dining Hall to set the tables for breakfast  
8:15 - BREAKFAST  
9 - 11 **SESSION #2 with Peder Eide**  
11 To Be Determined  
12 - "hoppers" to Dining Hall to set the tables for lunch  
12:15 LUNCH  
1 - 2:30 pm  
GROUP 1 with Peder Eide in workshop  
GROUP 2 with LOMC Staff - Team Building  
  
2:30 - 4pm  
GROUP 1 with LOMC Staff - Team Building  
GROUP 2 with Peder Eide in workshop  
  
4 - Free Time / Congregational Time  
5:15 "hoppers" to Dining Hall to set the tables for dinner  
5:30 DINNER  
6:15 - 8:00 **SESSION #3 with Peder Eide**  
8:00 - 9:30 LOMC Activities (campfire, night hike and star gazing)

**Sunday:**

7am - Arise and Shine - sunrise 10 K run  
8 - "hoppers" to Dining Hall to set the tables for breakfast  
8:15 - BREAKFAST  
9 - 10:15 Clean / Pack-up time  
10:30 **Worship with Peder Eide**  
12 - "hoppers" to set the tables for lunch  
12:15 LUNCH  
1pm Go in Peace. Serve the Lord.